



10 step revision plan

Your son/daughter should really be starting their programme of revision two or three months before their exams. This 10 step plan should help them organise their revision so that they cover everything without becoming stressed.

- 1 Devise a **revision timetable** – this may sound like a pain but having a structure in place can help to discipline your revision. It doesn't have to be a work of art – a simple plan will do. (please see our revision timetable for a guide)
- 2 Revise in short **manageable chunks** and take regular breaks. Each revision session should last about 30 - 40 minutes, with 10-minute breaks between each session.
- 3 Only revise **two subjects per day** otherwise you will confuse yourself. Try to mix up your subjects so that you are not just revising your favourite subjects. Perhaps try revising one of your favourite subjects and one of your least favourites.
- 4 Remember – You can't pick and choose what you want to revise. **Know what each exam syllabus is** so that you can divide your revision up into small manageable sections.
- 5 It's a good idea to **separate your revision work / notes up into different folders or files** so that you know where each subject matter is and it doesn't look like an overwhelming amount of work when you pull it out.
- 6 **Use past exam papers and do a mock exam** – this will help you to understand how the exam will be structured and get you into the swing of things.
- 7 Decide which **time of day** you work best - morning, afternoon or evening.
- 8 **Pick a suitable environment to study in.** – Environmental factors can have a huge effect on the quality of your revision sessions. E.g. quiet places, good lighting, and no noise distractions.
- 9 **Don't worry if you miss a revision session.** Sometimes this is unavoidable. Instead of re-writing your revision timetable, try to fit in an extra session when you have a spare half an hour.
- 10 **Relax** before going to bed and get plenty of sleep. Don't go to bed too early so that you don't sleep. Read a book or watch TV first.